

## Westbrook Social Service Resources

### General Assistance

Westbrook Community Center  
426 Bridge Street – Westbrook, ME 04092

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The City of Westbrook offers a General Assistance (GA) program that assists eligible residents, for a limited period of time, who are unable to provide basic necessities essential to maintain themselves or their families. Eligibility is determined according to income and guidelines. GA is administered in accordance with the City of Westbrook ordinance and Maine State Statute, Chapter 22. This program provides confidential financial assistance to Westbrook residents who are having difficulty meeting basic needs for shelter, food, fuel, electricity and medical expenses. This program is designed to be the program of “last resort” for residents of the community who are unable to provide for their basic needs. The department works with clients to self-sustain, utilizing a myriad of social services within Cumberland County. The program is funded by local property taxes with 50% reimbursement from the state. All assistance is granted in voucher form to local merchants. The City works with applicants to ensure that appropriate community referrals are made to support services.

Office Hours: Monday-Friday – 8am-4pm

\*\* Applicants are seen by appointment only \*\*

The City is required to have someone available 24 hours a day to take applications in an emergency. If this is an EMERGENCY and the office is closed, please contact:

**Westbrook Public Safety 207-854-0654.**

## **Westbrook Food Pantry**

**Westbrook Community Center  
426 Bridge Street  
Westbrook, ME 04092**

**Pantry Hours: Tuesdays, 12-2pm, and 6:15-7:30pm**

[Application forms](#) are available at the pantry. Please bring current mail or rent receipt for each person over 18 in the household. A driver's license is only proof if very recently issued.

<http://westbrookfoodpantry.org/>

## **Vineyard Food Pantry**

**715 Bridgton Road  
Westbrook, ME 04092  
Phone: 854-8339**

**Pantry Hours: Friday doors open at 6pm**

[Application forms](#) are available at the Pantry. Please bring current mail or rent receipt for each person over 18 in the household.

## **Falmouth Food Pantry**

**271 Falmouth Road  
Falmouth, ME 04105**

**Pantry Hours:  
1st & 3rd Monday, 9-11am  
2nd, 3rd, 4th Tuesday, 10-11:30am  
2nd, 3rd, 4th Thursday, 4:30 – 6:30pm**

No documentation is required  
Serving (Falmouth, Cumberland, Yarmouth, Westbrook, and Portland residents)

*\*\* Can go twice a month*

**Preble Street**

**252 Oxford Street  
Portland, ME 04101**

**Pantry Hours: Thursdays, 1:30-3pm**

Serving (anyone)

No documentation required

*\*\*Once a week*

<http://www.preblestreet.org/>

**Gray Community Food Pantry**

**11 Yarmouth Road  
Gray, ME**

**Pantry Hours: 1st and 3rd Friday, 2-4:30pm**

Serving (anyone)

No documentation required

*\*\*Twice a month*

## **State of Maine Homeless Shelters**

The shelters listed below provide emergency shelter. MaineHousing supports many of these shelters by providing funds to help with operating expenses and capital improvements. For information on other shelters or resources in your area, dial 2-1-1.

For more information on shelter funding, visit the Homeless Housing Program and Shelter Funding section of the [Homeless Initiatives](#) page on our website.

### **Androscoggin**

Hope Haven Gospel Mission	General	207-783-6086	Lewiston
New Beginnings	Youth	207-795-4070	Lewiston
Rural Community Action Ministries	General (mostly families)	207-524-5095	Leeds
Safe Voices	Domestic Violence	800-559-2927	Auburn
St. Martin de Porres Residence	General - Adults	207-786-4690	Lewiston

### **Aroostook**

Homeless Services of Aroostook - Sr. Mary O'Donnell Shelter	General	207-764-4125	Presque Isle
Hope and Justice Project	Domestic Violence	800-439-2323	Caribou, Houlton, Fort Kent
Maliseet Domestic Violence & Sexual Assault Program	Domestic Violence/Sexual Assault	207-532-6401	Houlton

### **Cumberland**

City of Portland Family Shelter	Family	207-772-8339	Portland
Family Crisis Shelter	Domestic Violence	800-537-6066	Portland
Milestone	Substance Abuse	207-775-4790	Portland
Oxford Street Shelter for men and women 18+	General	207-761-2072	Portland
Preble Street - Florence House	General - Women	207-699-4392	Portland
Preble Street - Joe Kreisler Teen Shelter	Youth	207-775-0026	Portland
Preble Street - Resource Center	Day Shelter - no	207-775-0026	Portland

	overnights		
Tedford Housing - Family Shelter	Family	207-729-4583	Brunswick
Tedford Housing - Individual Shelter	General - Adults	207-725-4871	Brunswick

## Franklin

Western Maine Homeless Outreach	Families	(207) 779-7609	Farmington
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## Hancock

H.O.M.E. Inc - Dorr House	Mental Illness/Substance Abuse	207-469-7961	Orland
H.O.M.E. Inc - Emmaus	General	207-667-3962	Ellsworth
H.O.M.E. Inc - Hospitality House	General	207-469-7961	Bucksport
H.O.M.E. Inc - Mandala Farm	General	207-469-7961	Orland
H.O.M.E. Inc - St. Francis Inn	General	207-469-7961	East Orland
The Next Step	Domestic Violence - Safe Homes	800-315-5579	Ellsworth

## Kennebec

Bread of Life Ministries	General	207-626-3479	Augusta
Family Violence Project	Domestic Violence	877-890-7788	Augusta
Mid-Maine Homeless Shelter	General	207-872-8082	Waterville

## Knox

Hospitality House	General Shelter	(207) 593-8151	Rockport
ICNew Hope for Women	Domestic Violence - Safe Homes	800-522-3304	Rockland

## Oxford

Community Concepts - Oxford Hills Family Shelter	Family	207-333-6425	South Paris
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Community Concepts - Strathglass Family Shelter	Family	207-333-6425	Rumford
Rumford Group Homes - Norway Family Center	Women & Children	207-743-6363	Norway
Rumford Group Homes - Rumford Family Center	Family	207-369-9439	Rumford
Rumford Group Homes - South Paris Men's Shelter	Adult Men	207-743-6363	South Paris

## Penobscot

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Bangor Area Homeless Shelter	General	207-947-0092	Bangor
Hope House	Substance Abuse	207-217-6717	Bangor
Shaw House	Youth	207-941-2874	Bangor
Spruce Run Womancare Alliance	Domestic Violence	800-863-9909	Bangor
The Shepherd Godparent home	Pregnant Women	207-949-2273	Bangor

## Piscataquis

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## Somerset

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Family Violence Project	Domestic Violence	877-890-7788	Somerset County
New Hope Shelter	Women and Childred	207-669-4402	Solon
Trinity Shelter	Single Men	207-399-7538	Skowhegan

## Washington

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Kilun Kikin Emergency Shelter	General	207-853-6021	Perry
Passamaquoddy Peaceful Relations	Domestic Violence/Sexual Assault	877-853-2613	Pleasant Point
The Next Step	Domestic Violence	800-315-5579	Machias

## York

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Caring Unlimited	Domestic	800-239-7298	Sanford
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	Violence		
York County Shelter Programs, Inc.	General	207-324-1137	Alfred
You Are Never Alone (YANA)	Substance Abuse	207-283-0069	Saco

### CLOTHING/BASIC NEEDS

#### **Open Hands Open Hearts**

Children's clothing and birthday gifts

67 Ocean Park Rd, Saco

207-468-1305

Tues. 5-7pm; Thurs. 9-11; Sat. 9-12

#### **First Congregational Church UCC of South Portland - Children's Closet**

Address is 301 Cottage Road

South Portland, ME, 04106

Main phone - 799-3361

This non-profit focuses on children and newborns in Cumberland County. There may be furniture, car seats, free toys at Christmas, cribs, and more.

#### **Nazarene Church**

Address: 525 Highland Ave, South Portland, ME 04106

Office Hours: Monday - Friday 9AM-4:00PM

Phone Number: (207) 767-2127

Fax Number: (207) 767-0998

E-mail address: [spcnazarene@gmail.com](mailto:spcnazarene@gmail.com)

#### **State Street Church UCC**

Address: 159 State Street

Portland, Maine, 04101

207-774-6396

The clothing closet may have free boots, winter boots, shoes, bedding, kitchenware, books, and other goods.

#### **Gray Community Clothing Bank and Food Pantry**

5 Brown Street

Gray, Maine, 04039

657-4279

no cost thrift store is also on site

#### **The Root Cellar**

94 Washington Avenue

Portland, ME, 04101

Call 207-774-3197

#### **The Salvation Army Portland Citadel Corps and Community Services**

297 Cumberland Avenue

Portland, ME, 04101

207-774-4172

Aid is for people facing a disaster. Other programs include back to school uniforms and backpacks. There is an Angel Tree Christmas program, financial aid, meals, shelter, and more. There is another center at 30 Warren Avenue, Portland, ME, 04103. This has gently used clothing, furniture, household supplies, furniture, and more. Phone – 207-878-8555.

Two other Salvation Army center are at the following. These tend to only have material goods (such as clothing, meals, and holiday support) and not financial aid.

- 127 Pleasant Street, Brunswick, Maine, 04011, call 207-373-1033
- Address is 49 Alder Street, Portland, ME, 04101, 207-774-7818
- Location - 1225 Roosevelt Trail, Raymond, Maine, 04071, call 207-655-7861

### **St. Luke's Cathedral**

143 State Street  
Portland, Maine, 04101  
Phone - 772-5434

### **Care Net of Mid-Coast Maine - Baby Boutique**

90 Union Street  
Brunswick, Maine, 04011  
Dial 207-725-5433

The non-profit has baby furniture, clothes, formula, diapers, formula, and other support.

### **Elm Street United Methodist Church**

168 Elm Street  
South Portland, Maine, 04106 · Map  
207-799-0407

The charity has a clothing swap service in Cumberland County and Christmas gift exchange.

### **Jewish Family Services Food Pantry**

Portland, Maine, 04103  
207-772-1959

Diapers, cleaning supplies, and even food is offered.

### **Westbrook Community Center Outreach**

426 Bridge Street  
Westbrook, Maine 04092  
207-854-0676

\*\*Non-food and clothing items available for families in need. Donations welcomed!

### **Westbrook Community Center Thrift Store**

426 Bridge Street  
Westbrook, Maine 04092

#### **Thrift Store Hours:**

Monday-Friday - 9am-1pm, with additional Tuesday evening hours - 5-7pm

*\*\*Donations gladly accepted anytime by placing in bin outside store door. We welcome and appreciate clean, gently-used clothing, bedding, books, games, furniture and household goods. We cannot accept electronics. We are happy to give a tax exempt receipt upon request.*



## **211 Maine**

### **What is 211 Maine?**

United Ways of Maine, in collaboration with Youth Alternatives Ingraham, established 2-1-1 Maine, Inc. as an efficient and effective response to the growing complexities and needs in health, social economic and human services. The state of Maine has over 300 hotlines and help lines and thousands of programs offering all types of health and human services. Trying to find the right phone number or service that provides help for your specific need can be overwhelming and frustrating. Having an easy-to-remember universal number and website for non-emergency help is critical. People can call 2-1-1 to find or give help.

2-1-1 Maine is part of a national movement to centralize and streamline access to health and human service information and resources. The first 2-1-1 Call Center was initiated by United Way of Metropolitan Atlanta in 1997. Connecticut followed with a statewide system in 1998. In July 2000, the Federal Communications Commission approved 2-1-1 nationally for health and human services information and referral.

In the same year, the 10 United Ways in Maine, state agency representatives and Youth Alternatives Ingraham formed a task force. They reviewed various models and surveyed information and referral services in Maine. In March 2003, 2-1-1 Maine, Inc. was incorporated, based on a consensus model with a central call center and regional resource coordinators. Over the next 18 months, working with an Advisory Board and Provider Council, 2-1-1 Maine, Inc. focused on building a statewide database and obtaining state designation. On June 27, 2005, 2-1-1 Maine, Inc. received designation from the Maine Public Utility Commission as the “sole entity entitled to use the 211 numbering code for access to information and referral services in Maine.” This designation was re-issued in June 2008.

If you are looking for help, please dial 2-1-1 or email [info@211maine.org](mailto:info@211maine.org) and a trained Call Specialist will assist you.

For more information about 2-1-1 Maine and 211maine.org:

Dial: 2-1-1 or 1-866-811-5695

TTY: 2-1-1

Email: [info@211maine.org](mailto:info@211maine.org)

2-1-1 Maine

50 Lydia Lane

South Portland, ME 04106

## **STATE OF MAINE CRISIS SERVICES AVAILABLE 24 HOURS**

### **Child Protective Intake**

Tel: (207) 626-8620  
Tel: (800) 452-1999 (in state only)  
TTY Users call Maine Relay 711

### **Adult Protective Intake**

Tel: (207) 532-5047  
Tel: (800) 624-8404 (in or out of state)  
TTY Users call Maine Relay 711

### **Mental Health Crisis**

Tel: (207) 626-3448  
Tel: (888) 568-1112 (in state only)  
TTY Users call Maine Relay 711